



Hello Friends and Supporters of Edulift

We hope you are enjoying the spring season as much as we are. As spring sprouts new flowers and leaves, we are as well sprouting new projects. But for now, let us take you back in time and brief you about our journey in the month of February and March through this news letter.

We hope you have as much fun reading through this as we did preparing this!

Best regards,



Programs at a Glance

Career Counseling at Namgyal Higher Secondary School.

On February 3rd, the Edulift Team headed to Namgyal Higher Secondary School to conduct a Career Counseling session on the theme "Tree of Career". The session was conducted with Grade 10 students of the school consisting of 21 participants

The Tree of Career was an opportunity for the students to reflect on their families career history. The session included a Future career life line in which the students were made to reflect on their past, present and future through the age line starting from 16 years old to 70 years old. The session also included the importance of following one's passion and being informed about the career they choose to pursue in their life.



Career Counseling Session in action!

Final Event of the Winter Courses



Students of Spoken Word Poetry presenting themselves.

The Winter courses in Edulift was conducted in the month of January and February. The courses consisted of:

- Cinema and Photography
- Theatre
- Spoken Word Poetry

Cinema and Photography, Theatre and Spoken Word Poetry consisted of 31, 13 and 16 students respectively. The course duration was one month. The final event for the courses was conducted on February 5th in

which the students presented their work for each course they undertook. The Cinema and Photography students presented photographs, videos and documentaries, while the Theatre students performed a play, dance numbers and sang. Similarly, the Spoken Word Poetry students performed their poems amalgamated with a drama.

Career Counseling at Srongsten Bhirkuti Boarding High School

On March 1st, we conducted a Career Counseling Session at Srongsten Bhirkuti Boarding High School with grade 10 students.

The session introduced the students to the +2 options they will have once they receive their School Leaving Certificate. The topics of presentation were as follows:

1. Management stream.
2. Science stream.
3. Humanities stream.
4. Unconventional education.



**“ Today I realized that there are so many options I can pursue to reach my goals”
- Participating student**

Teachers Training at Suntakhan Secondary School



The participating teachers and staff of Edulift at the school.

The teacher's training program was conducted on March 10th 2016, at Shree Suntakhan Secondary School a government school in Gokarna, Kathmandu. There were sixteen participating teachers who were teaching subjects like English, Social- Studies, Nepali, Science, Health and Population and Math to the secondary level students. The duration of the training program was three hours and conducted

by four Edulift facilitators. The program participants consisted of the school headmaster, teachers and two guests from a collaborating organization called 'Sahasi Keta Ketu'. The training was covered on the following topics:

- Introduction of Edulift and our way of conducting a class.
- Importance of warm-up activities.
- The teaching space and time: Re-thinking class rooms.
- The importance of understanding our students.
- The six stages of learning.
- ARTS as a tool for motivation and self exploring interests.
- The importance of debate and discussion in classrooms.





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for helping us in our mission to
Re-Think education in Nepal!!!**

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