

EDUVOICE

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A monthly newsletter of **EduLift** Re-thinking Education

A non-profit educational initiative with a vision to re-invent Nepalese education into a holistic and experiential learning experience and prepare today's youth for the future.

Newsletter Vol. 19 August-September 2015

In this Newsletter we have updates on...

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 - Art & Design begins
 - Preparation for Art & Design Final Event
- **EduVoice**
 - The Importance of Creative Development
- **Tibet Fund Meeting**
- **Volunteers at EduLift**
- **Career Counselling begins**
- **EduLift collaborates with Prayogshala**

“

I was a media professional before and now I am working in a non-profit organization as an Art and Language facilitator. This transition has been a very exciting and positive experience so far.

We are all aware that the teaching method in Nepal is very formal and lacks a practical approach. EduLift is one such organization in Nepal which has come up with education programs based on experiential learning. Creativity plays a very significant role in its programs and helps children in their learning process. This is very important as it enhances their imagination and creates innovation.

Being a young organization I think that it has contributed a lot in the field of education in Nepal in a short period, especially among the Himalayan and Tibetan population. Along with the passing days, I am learning more about the creative approach towards education as well as developing my professional skills in an entrepreneurial environment. ”

Shreema Sharma

- Art & Language Facilitator at EduLift

Art & Language: *Art & Design begins...*

Art & Language program 2015 kicked off with the Art & Design course among two groups of 20 students each from Srongtsen Bhrikuti and Namgyal Higher Secondary School on 18th August. The course aims at improving English language skills among other necessary skills of creativity, collaboration and communication skills through Art & Design sessions.



With class 8 students from Srongtsen Bhrikuti Boarding School

Art & Language: *Art & Design continued...*

Students were guided towards building individual pieces that express their personal interests and dreams as well as work together in group projects towards describing their larger realities. They were encouraged to constantly use their hands for designing as well as come up with different materials not used in their classrooms before. The course concluded with a final event where the students' works were exhibited to an audience.



EduLift facilitators with class 8 students from Namgyal H.S.S.

Art & Language: *Art & Design continued...*

In lieu with our previous year's aim to incorporate Nepali students into our programs, the Art & Language program has also been extended through early morning sessions to Grade 9 students from Shree Mahendra Boudha Higher Secondary School and Kumari English Boarding School. These students were chosen on the basis of their passion and willingness to learn and exercise their creative muscles.



Students in the class expressing their emotions through drawings!

Art & Language: *Art & Design continued...*



Warm up activity is a must before we begin each class!

Students undertaking origami as part of the Art & Design course.



Art & Language: *Preparation for Art & Design Final Event*

The Final Art and Design event is set for October 9th with the students from Srongtsen Bhrikuti Boarding High School, October 13th with the students of Namgyal H.S.S and October 19th with the students of Mahendra Boudha and KEB school. The final event will showcase the designs of students that have been created both individually and in groups. The Art and Design course prepares students to make designs that express *their* reality through an actual outcome (design piece) and most importantly will enable them to openly and effectively engage others through their artistic efforts.



Students working on their final design pieces



EduVoice:

The Importance of Creative Development *by Inti San Thiago*



I remember crying on my first day of my new school. I was 7 years old and had just moved to a Montessori school. Such a strange environment, all these people I didn't know, no school uniforms, every one was free and outgoing, I felt like I didn't belong. I was an introverted child, living in my own world, inside my own mind, and moving to a Montessori school where expression is encouraged came as a shock to me.

Looking back, this was simply a fear of the unknown, a fear of bringing to life the hidden parts of myself, as this is what Creativity does, and it's uncertainty can still be scary.

Soon enough I was at home in my new school, alongside doing well in Math and English. I had discovered talents in music, art, and drama that had not been previously given an opportunity to be expressed. From being scared and hiding at the back of the class, I had grown into a confident child that starred in the end of year theatre production, acting and performing music, and remembering not only my lines but every other line in the production.

[Read More](#)

Tibet Fund Meeting

September marked a great partnership meeting with The Tibet Fund and Edulift in bringing forward positive changes in the field of education especially in Tibetan schools in Nepal. We had the pleasure of meeting Mr. Lobsang Nyendak la (Executive Director, The Tibet Fund) and Miss Katrina Edwards (Consultant, The Tibet Fund) who graced us with their presence to learn about Edulift's current work towards achieving our mission and vision.



Volunteers at EduLift

Volunteers are at the heart of running our educational programs at EduLift. The newest addition to our team is Ms Pepa Selles Rodriguez who holds her Masters Degree in International Cooperation and Development and specializes in Art Therapy. Pepa will be contributing to the EduLift programs for the next coming months.



Pepa with some of our enthusiastic students in Sindhupalchok

Career Counselling Orientation begins...

Career Counselling has been a key component of the Explore After SLC program since EduLift started back in 2013. Under it, students have been exposed to group counselling sessions which were more structured and informative to very personalised individual guidance and counselling. Throughout these sessions, students are also exposed to different matters pertaining to developing their further academic and career plans.

From building self confidence to networking skills, students through the guidance of the counselors will assess their personal interests, skills and goals in order to build action plans to fit their preferred area of academia or employment. They will also be encouraged to secure internships, scout for job opportunities and prepare for interviews as well as research ways to fund their higher education.

Career Counselling Orientation *continued...*

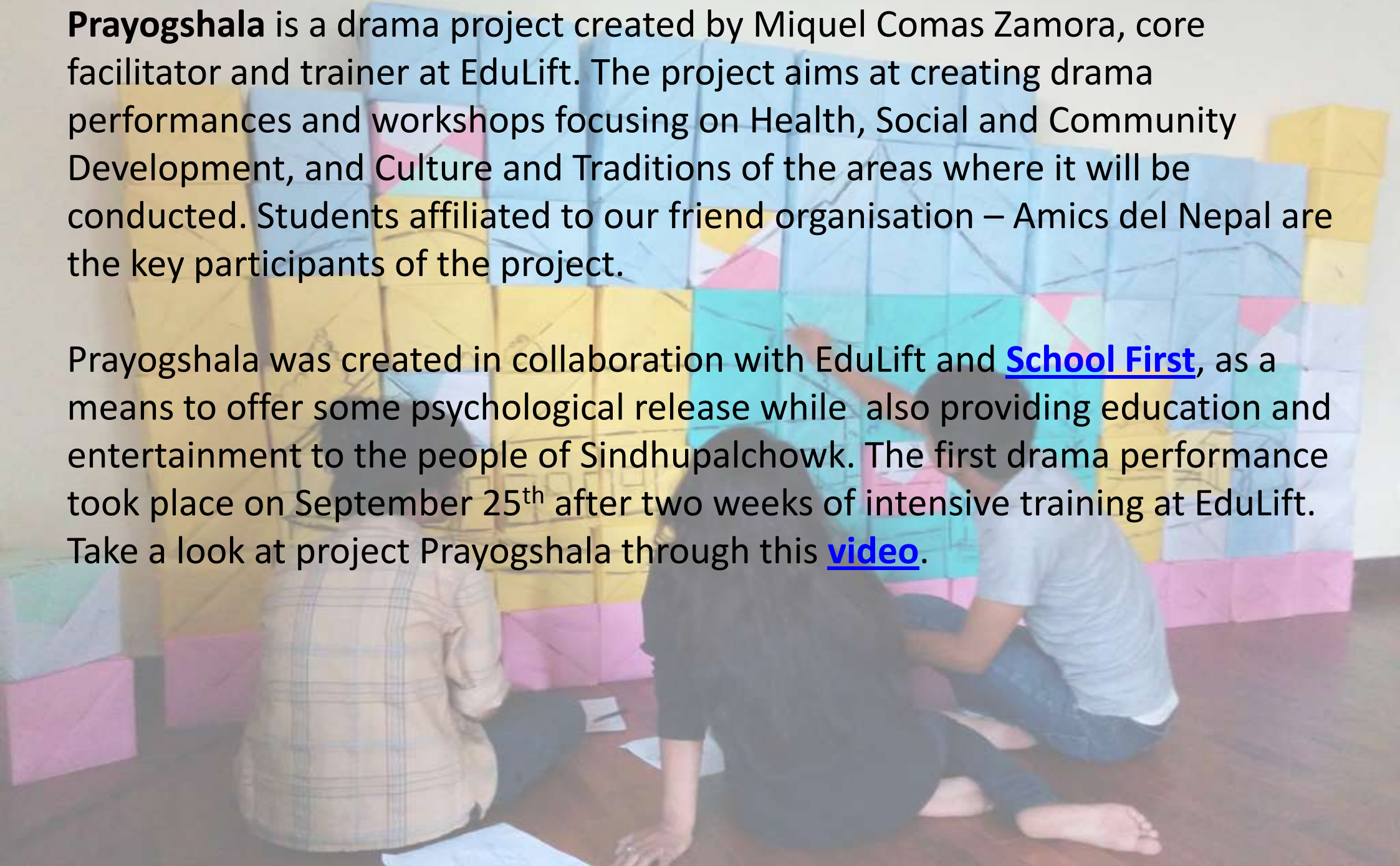


Based on the growing need for career counselling among students and the schools not having a holistic program to address this need, EduLift has launched Career Counselling Orientation sessions among all grade 10 and 11 students of Namgyal H.S. School and grade 10 students of Srongsden Bhrikuti Boarding from September onwards.

EduLift collaborates with Prayogshala

Prayogshala is a drama project created by Miquel Comas Zamora, core facilitator and trainer at EduLift. The project aims at creating drama performances and workshops focusing on Health, Social and Community Development, and Culture and Traditions of the areas where it will be conducted. Students affiliated to our friend organisation – Amics del Nepal are the key participants of the project.

Prayogshala was created in collaboration with EduLift and [School First](#), as a means to offer some psychological release while also providing education and entertainment to the people of Sindhupalchowk. The first drama performance took place on September 25th after two weeks of intensive training at EduLift. Take a look at project Prayogshala through this [video](#).



EduLift collaborates with Prayogshala *continued...*



Some glimpses from Prayogshala...

Up Next:

- Art & Design Final Events of the three Art & Language groups
- Career Counselling Workshops at Namgyal H.S.S. and Srongsan Bhrikuti Boarding School

Thank you from **EduLift** Re-thinking Education

to all our collaborators and supporters for helping us in our mission to re-think education in Nepal.

**Population, Refugee & Migration Fund
US Department of State**



Tashi Delek
Foundation

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