

**WARM GREETINGS FROM EDULIFT**

EduLift would like to take this opportunity to express our appreciation to all the friends and supporters of EduLift. Your willingness to support EduLift, “Explore After SLC 2016” in particular this year, has strengthened our mission in re-thinking education. The accomplishment of ‘Explore After SLC’ is a reflection of the ever-increasing encouragement and support from all our friends and supporters on a continual basis.

Best wishes  
EduLift

**EXPLORE AFTER SLC ( AFTER CLASS 10 )**

What after SLC ? is the most common question that clouds the mind of young post grad 10 students. The most difficult phase for these students is the three month break after their exam and the officially declaration time saying they got the ticket to pass the so called IRON GATE “ SLC”. It is during that time students are in great anxiety and stress. Some stressing over whether they will pass the exam or not. While some are not able to sleep worrying and confusing over which stream to take and more than half of these students are not sure of what to do during their three months break. To settle down all these hodge-podge in their mind “ EXPLORE AFTER SLC” program was initiated by EduLift.

*The educational framework at EduLift emphasizes on building relevant competencies ( collaboration, communication, critical thinking and creativity) and skills( problem solving, initiative and leadership) needed to tackle the increasingly complex challenges being confronted in our communities and around the world.*

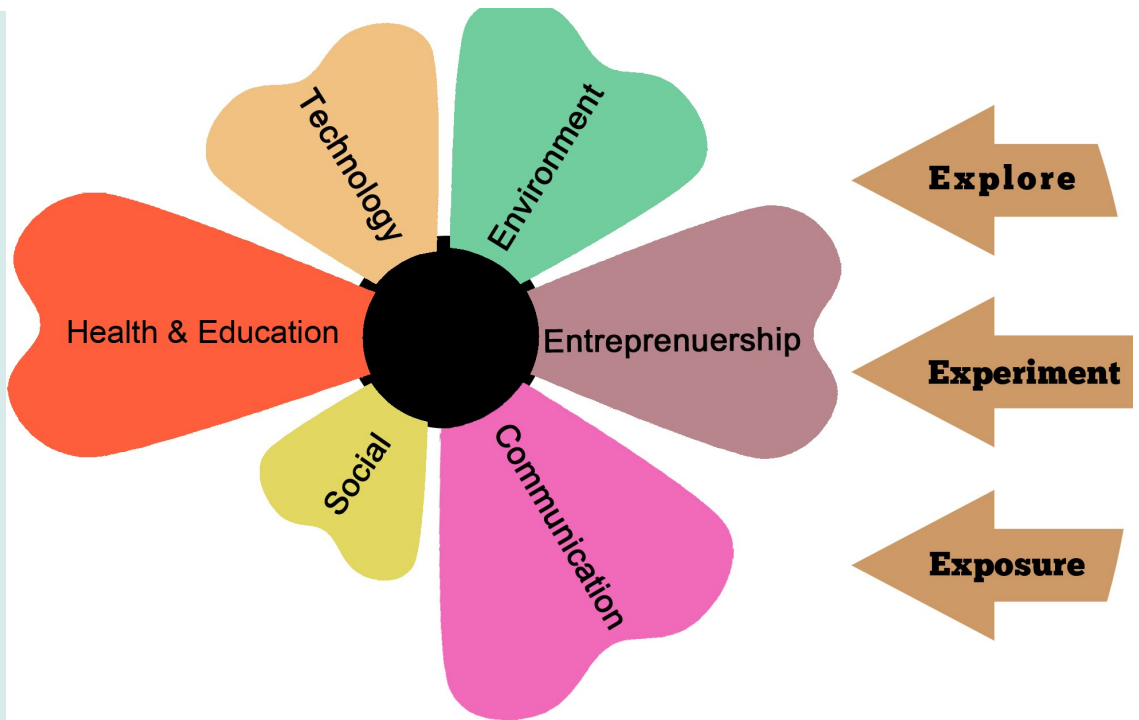


Fig. Explore Program Theme and Top

“ EXPLORE AFTER SLC / CLASS 10 ” is a nine week program ( 18th April to 18th June) for the post grade 10 students to utilize their (three months) after exam break into something productive. For this, we have *technology, health and education, environment, social and entrepreneurship as our weekly/ bi weekly themes. These contents may sound familiar, but the teaching approach we have in Edulift is absolutely different from schools. We facilitate the students by having theme related professionals as guest speakers/resource person to make the students learn in a practical way. Collaboration programs with several organizations are done under environment, social and communication week for the students to gain more practical experience. Through these different themes, students get to explore various career related fields as well.*

## TECHNOLOGY CLASS ( 18TH APRIL TO 30TH MAY )

The first two weeks of EAS is Technology week. The week got started with an exposure towards some of the components of technology (**graphic design, logo design, MS package, Photoshop & blogging**) which are not being taught in schools and was a completely new topics for them to learn. Technological professionals from V3 creations did a class session for the students to assist them with the various career related options in graphic & logo designing whereas, Kunsang Palmo( a blogger) addressed the students with the basic idea and components needed for blogging/blog and also directed the students with her guidance in making their individual blogs. Furthermore, to regulate and strengthen the language skills in a practical learning way, the EAS students were given presentation assignments on weekly basis. Moreover, this week initiated a movement among the students to learn using technology as a medium.



*Students are creating poster, logo and exploring world of graphic design through HEAD , HEART and HAND.*

## HEALTH AND EDUCATION CLASS ( 1ST MAY TO 7TH MAY )

Health & education is a vital topic that needs to be taught to the students. Health related issues such as drug abuse, sex education, teenage pregnancy and mental health are very important to be aware among the youths. Here at Edulift, the roles of a teacher are played by the facilitators so the students become

comfortable in discussing their queries related to the topics. The main aim of our class was to break the taboos like discussing the sex topic is not cultural, disgracing people with mental health problems and drug addict. To accelerate the discussion rate among the students on drug use, a debate on "whether drugs should be legalized in Nepal or not?" was done by the students. As our weekly resource person, Mr Tsering Wangdu ( founder of Sober Rehabilitation center ) shared his personal story and also stated the negative impacts of drugs he had in his past as a drug addict and how it affected him and his family. A class was taken by the facilitators to aware our students on "not so discussed topics" in schools like sex education and teenage pregnancy. Similarly, health education is incomplete if mental

health is not discussed. Sound mental health is one of most essential need in today's chaotic world. Seeing the importance of mental health awareness among youths, we invited Ms Puja who is doing her major in mental health from Duke university. Q & A session with Puja, enabled the students to acquire knowledge on contemporary version and various misconceptions about Mental Health.



**Head of Sober Recovery Treatment & Rehabilitation Centre.**

### Explore After SLC with Mr. Tsering Wangdue



## SOCIAL ( 8TH MAY TO 21ST MAY )



Second week being Social as a theme is yet another 'learning through exposure week' for the EAS students. Social week is all about getting to know the community and being aware about the issues related to it. Gender related subject matters in context to Nepal were the highlight of this week. This week's particular motive was to deliver the updated information about the social topics; gender inequality, transgender issues through regular class discussions, creative writing and drama. Similarly, to encourage the EAS students to be more communicative and active about it the EAS students collaborated with a local NGO (HR2F). Being divided into several groups to perform dramas on a certain subject related to social topics was a learning experience for both the students where learning was accomplished through experiential approaches.



*Students debating on whether "drugs use should be legal or illegal in Nepal"*

## ENVIRONMENT CLASS ( 22ND MAY TO 4TH JUNE )



*Students are creating recycle products from waste materials*



"Environment is important and we need to conserve it" is one of the most overly discussed topic. But, what we need to do to conserve it in our practical day to day life on an individual level is left untouched. So, in an EduLift's way; 'learning by doing', we aim on students to not only know the importance & conservation of the environment but also work for it. With that aim in mind, Edulift collaborated with WEGAIN ( an organization that works for environmental protection) for a anti-plastic burning campaign and classes on 3R ( reduce, reuse, recycle ) was taken by the facilitators. In the class on 3R, students were encouraged to reduce, reuse and recycle the waste materials and were taught some of the ways to reuse available waste materials like scrap papers, bottles, plastics into reusable decorative pieces like butterfly, paper bags, pen holder. Moreover, a collaboration with Sahasi ketakteti ( organization) was also done to encourage students to use cycle as an eco friendly mode of transportation. Through all these environment related programs, the EAS students now have a sense of ability to be collaborative and creative as well.



## ENTREPRENEURSHIP ( 5TH JUNE TO 11TH JUNE )

Entrepreneurship/Entrepreneur is the latest & most hyped talk of the town in Nepal. And for the EAS students, to be up to date, we had Entrepreneurship classes with Mr.Tenzin Sonam (the founder of EduLift) himself & Mr.Sanam Chitrakar (an entrepreneur who holds business ventures as Biruwa & Sakcham ; which provides resources to budding entrepreneurs). Interactive classes along with the personal & professional story and talk of these entrepreneurial figures facilitated the students in acknowledging the concept & the situation of entrepreneur/entrepreneurship in present context. In addition to this, the students were divided into 5 groups to research, discuss, prepare & present a PowerPoint presentation on entrepreneurs (Binod Chaudhary, Prabal Gurung,... ) of different sectors. As a result, the EAS students learned to sum up the knowledge they gained within a certain theme.



Founder of EduLift

Explore After SLC students with EduLift Founder Tenzin Sonam Gonsar on the first day of Entrepreneurship class



Group wise presentation on entrepreneurs of different sectors.

## INDIVIDUAL CAREER COUNSELING Session

One on one counseling session with 21 students was done daily to know and review the confusions they have had and to showcase them the options they have or they can have for their academic life or future career.

1. Students started researching about their interested career fields by discussing and interacting with facilitators and weekly resource persons.
2. Each student was mentored by a Facilitator at EduLift throughout the Explore program and finally as a result each student was by the end of the program able to choose a particular stream (subject focus) for their further education (class 11 and 12). This is an important point to note because normally most students in Nepal make this sort of decision haphazardly or even often through peer pressure, however, at EduLift we have helped our students to make this decision in a thoughtful and systematic way.

## EXPLORE AFTER SLC FINAL EVENT ( 18TH JUNE )

# Final Event

## Explore After SLC EduLift

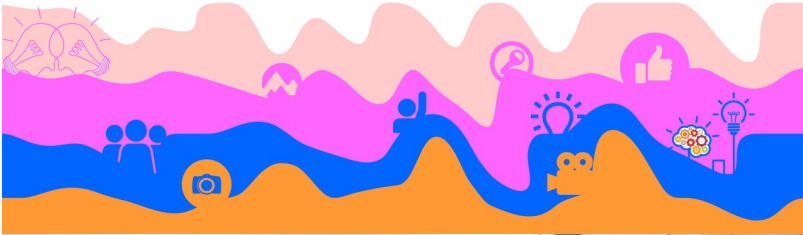
### 2016

18th June || 2pm-4:30pm

Re-thinking Education

EDULIFT LOBSANGDOLMA PHUDOLMA KELSANGTSERING TSETSO SANGAYDICKYIPASANGYANGCHEN  
TENZINDOLKAR DAWATSERING RINZINWANGMOTENZINTSERING MANDHOJTAMANG TENZINYOUGYAL  
TSEWANGLHAMO TENZINRIKSANG KINJOLAMA LHAKPACHOEDON LOBSANGCHOEDON ROSHANLAMA  
DAWADOLMA SONAMYANGKYI TASHITSERING PEMADHUNDUP YESHI BHARAT GOLE NORBUTAMANG

EduLift exhibited the “Final Event of Explore After SLC” program on June 18, 2016. It was an official day for the students to showcase what they learned in our nine week long program. Miss Joey Ruth Owen (Freedom to Learn), Mr.Shree Krishna Thapa ( program co-coordinator of freedom to learn, Nepal) along with the parents attended the event to encourage and support the students. All the students extraordinarily exhibited what they learned in various forms like presentation, PowerPoint presentation, poetry, blog and a group of students displayed their talents in Photoshop as well. As an addition to the final event students performed their traditional instrumental skills followed by songs and dance. And finally we farewell the “Explore After SLC” students by distributing certificates.



4th Batch of “Explore After SLC” Students receiving certificate during Finale



Thank you from Edulift to all our supporters and collaborators for helping us in our mission to  
Re-Think education in Nepal!!!

For more information about EduLift, visit us at: [www.eduliftacademy.org](http://www.eduliftacademy.org)

To get our regular updates, Follow our Facebook Page: [EduLift](#)