

# EXPLORE PROGRAM 2017 SCHEDULE

**April 16-April 20**

Day/Theme	Introductory Sessions	Curriculum lesson	Goal	Resource Person	Facilitator
<b>Sunday</b>	Ice breaking game ( cushion preparation)		1. Developing an open and trust-based relationship between all. 2. Establishing a safe and supportive classroom culture.	EduLift Curriculum Book	Jamyang- Active, Phurbu and Indy-Passive
<b>Monday</b>	Curriculum's Lesson plan 1&2	1 and 2			
<b>Tuesday</b>	Group arrangement ( vlog, blog, pictory. facebook page)				
<b>Wednesday</b>	curriculum's lesson plan 10&11 will be done.	10 and 11			
<b>Thursday</b>	Formal debate program will be held in the class. ( money is the source of happiness )				

**April 23- April 27**

Day/Theme	Technology/Digital Literacy	Curriculum Lesson	Goal	Resource Person	Facilitator
<b>Sunday</b>	introduction on (Technology)the class will have a Debate on "Advantages & Disadvantages of Technology". ( group arrangement and then group presentation on apple , google and facebook by each group) ( During 2nd session,one group will learn PowerPoint while rest of the two groups will do research for their group project)		1. Using technology for communication and expression. 2. Providing practical training in the use of technology for accessing information.	Dolkar la ( Blogger)	Jamyang- Active, Indy and Phurbu-passive.
<b>Monday</b>	Students will be introduced Gmail, Blog, vlog,pictory, PowerPoint , MS-word, Powerpoint practically as well as theoretically.				
<b>Tuesday</b>	class on vlog, blog, pictory				
<b>Wednesday</b>	Resource person 26th April				
<b>Thursday</b>	Students will start writing their own blog. (blog will include their so far class experiences and what they have learnt in the class).				

**April 30-May 4**

Day/Theme	Communication/ Linguistic skills	Curriculum Lesson	Goal	Resource Person	Facilitator
<b>Sunday</b>	ExTempo( Students will be given certain topic on the spot and they will have to speak for at least a minute on that topic) and pair poem( ice breaking game to let all the students communicate using poem as a medium ) (Students will be paired up and they will be given 30 minutes time to interact with their partner, afterwards they will have to write a poem about each other within a certain time period and present it to the whole class) ( Facilitator have to keep the poem to stick on the wall)		1. Developing language skills for self-expression and for learning academic contents, 2. Cultivating reading habit and creating independent reading culture.		Phurbu- Active, Indy and Jamyang-Passive
<b>Monday</b>	Curriculum's Lessons and activities on cultivating reading habit will be led by the facilitators. ( lesson 3 (reading habit).	8			
<b>Tuesday</b>	(Quixote cove); will visit EduLift and give the students a class on creating a reading habit with Book Bus followed by a book discussion ( Nepal Reads:These Fine Lines)				

<b>Wednesday</b>	Curriculum's Lesson plan 9 will be done by the facilitators.				Quixote Cove ( Book Bus)
<b>Thursday</b>	(tong twister game ( pass game) and poem delivering with different tone in pair)				
<b>May 7-May 11</b>					
<b>Day/Theme</b>	<b>Environment Education</b>	<b>Curriculum Lesson</b>	<b>Goal</b>	<b>Resource Person</b>	<b>Facilitator</b>
<b>Sunday</b>	An informative short video on current environmental issues will be shown followed by reviewing the video by the students (both written as well as verbal).		1. To Inform students about reduce, reuse and recycle approach for environment protection. 2.To create opportunities for community work through environment related campaigns.	Shechen Eco Club	Indy- Active, Phurbu and Jamyang- Passive
<b>Monday</b>	An awareness session on environmental destruction and its conservation in a local way by Shechen Eco Group.				
<b>Tuesday</b>	Students are divided in groups and each group will give research and prepare a Powerpoint presentation on 4R- Refuse,reduce, reuse, recycle.				
<b>Wednesday</b>	<b>Holiday - Buddha Jayanti</b>				
<b>Thursday</b>	Recycling day ; students will recycle the materials using available waste products such as waste papers and newspapers etc. Recycling will be done practically. (photo shoot with their products eg butterfly ( hiking on Friday )				
<b>May14-May18</b>					
<b>Day/Theme</b>	<b>Social -(Gender Sensitization)</b>	<b>Curriculum Lesson</b>	<b>Goal</b>	<b>Resource Person</b>	<b>Facilitator</b>
<b>Sunday</b>	Introduction on Gender sensitization and sexual abuse. A class on Sexual abuse (by Indy). Informative/Awareness videos on Sexual abuse will also be shown to the students. The class will conclude by a writing class work on their that particular day class experience and knowledge.		1. To raise awareness and unpack gender based discrimination, often enacted through roles and expectations. 2.To create awareness about sex abuse, gender-based violence and ensuring students develop an understanding of appropriate, acceptable, legal and ethical behaviour in this area.		Indy- Active, Phurbu and Jamyang- Passive
<b>Monday</b>	Facilitators will take the class on Gender issues ( Transgender ) introduction over the topic will be given, also facilitators will focus on having a class discussion (written or verbal). ( video, case study )				
<b>Tuesday</b>	Feminism will be introduced and a resource person related to Feminism; a Feminist will take the class on Feminism. (Ted talk videos will also be shown )				
<b>Wednesday</b>	Students will be given certain social issues related topics and will be given time to practice and prepare a group wise drama on the social issue related topics. (group wise drama presentation )				
<b>Thursday</b>	Lesson plan 6&7 (problem solving) from the curriculum will be done on the first session of the class. (** group arrangement for the next class ( health education ) 2nd Session; intro on health education followed by Group wise research ( Sober, Khagendra and Street Dog Care , hope and challenge etc) (full research and preparation for next field work ) mandatory ( pictures, Q&A and Experience ) ***facilitator have to take contacts from students	6 and 7			
<b>May21-May25</b>					

Day / Theme	Health Education	Curriculum Lesson	Goal	Resource Person	Facilitator
Sunday	Field Work ( lead by each facilitator ) ( all )		1. To familiarize the students concerning the advantages and disadvantages of drugs. 2. To create atmosphere for students to interact, discuss and inform themselves about health topic from field work.	Geshe-Sonam Wangchen, Sober Head-Tsering Wangdue.	Phurbu- Active, Indy and Jamyang-Passive
Monday	( half of 1st session recall the fieldwork ) (phurbu) data collection and preparation for the presentation.				
Tuesday	Presentation ( Field work )				
Wednesday	Resource person - Geshe la ( Sonam Wangchen) from Om rehabilitation				
Thursday	1st session Sex Education class by the facilitators ( first aid ?? ) ( Indy )				

**May28-June1**

Day/ theme	Spiritual (Socio-emotional skills)	Curriculum Lesson	Goal	Resource Person	Facilitator
Sunday	Talk on Moral education ( healthy and happy mind ) by Resource Person		Introducing basic concepts pertaining to certain social-emotional skills.	Geshe Pema Dorjee	Jamyang- Active, Phurbu and Indy-Passive
Monday	1st session movie (inside Out) followed by 2nd session Class on (Empathy) by a facilitator with the help of our curriculum book. Lesson 4				
Tuesday	Lesson plan 4&5; Self-management & Self Discipline will be done by the facilitator with the help of our curriculum book.	4 and 5			
Day, Theme	Entrepreneurship	Curriculum Lesson	Goal	Resource Person	Facilitator
Wednesday	Talk by Tenzin Sonam Gonsar , (founder of EduLift) on Introduction of Entrepreneurship and his entrepreneurial experiences.		To facilitate a basic introduction to entrepreneurship and what it takes to become an entrepreneur.	Tezin Sonam Gonsar	
Thursday	Students are divided in groups and each group will research over one successful entrepreneur chosen by themselves and prepare a powerpoint presentation.				

**June 4-June 8**

Day/Theme	Career Skills	Curriculum Lesson	Goal	Resource Person	Facilitator
Sunday	Resource person Nischal Oli from Siddharth art Foundation will lead the class , giving informations about career options in the art field as well as the current state of being an artist.		1. To train students in various process, so they are able to make informed career choices based on their interests and skills. 2. To create opportunities for students to explore various career options via research and interaction with professions.	Oli , Namgyal School,	All
Monday	Career counselling class by Career Disha Nepal in EduLift.				
Tuesday	Field visit to Bhrikuti mandap Education fair for the students to explore schools for their further enrollment.				
Wednesday	School visit to Namgyal Higher Secondary School-Gokarna.				
Thursday	Students will have a class on How to write resume,How to be prepared for a school recruitment.				

**From June 11 onwards , students will be preparing themselves for the Final event of Explore Program 2017.**

