

Dear Friends and Supporters of Edulift,

We are pleased to present to you our October-November newsletter. While there has been a crisis time in the country due to strikes and blockades, we continued our programs with the same dedication and passion. We would like to appreciate and acknowledge the enthusiasm shown by our students and their school administrators.

Career by Choice Not by Chance

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We found that many students in our schools have confusion regarding their career choices and needed an effective career counseling and mentoring much before they finish their 12th grade exams and much before they actually start looking for universities and fields to study. Therefore Edulift proposed a step by step course structure twice a month for our 10th to 12th grade students from

Namgyal higher Secondary School and Shri Srongtsen Bhrikuti Boarding High School. During the second week of October, we did "Self exploration" activities to enable students to match their interests, skills, values, personalities because we felt they should understand what their basic interests and skills are before they make the big decision on choosing a career path. On the first week on November, as part of regular counselling session, we conducted our second round of session on the topic "Creativity as a life-skill" at Namgyal



"100% participants said the session helped them in self discovery and rated 4.72 and 4.53 out of 5 for satisfaction with the session"

Higher Secondary School and Srongtsen school. Activities focused on building communication skills along with assessing student creativity followed by discussions on the importance of creativity.

Recently, on the 3rd week of November we conducted our 3rd session with both the schools. The focus was on introducing the importance of "Intra-personal Communication" to the students of Grade 10, 11 and 12 of the respective schools. The session was attended by 49 Students of Grade 10th and 11th from Namgyal School and 45 Students of grade 10th from Srongtsen High school; 100% participants said the session helped them in self discovery and rated 4.72 and 4.53 out of 5 for satisfaction with the session, respectively.



THE FINAL EVENT —-DESIGN COURSE



Students collaborating on their final design piece at Edulift



Students of Namgyal high school with one of their final design piece

During the first week of October the final event for Art and Design course took place with our students and Edulift. The event was opened to all the students who participated in the course and were attended by approximately 60 participants. During the event, participants formed into groups to discuss topics and brain storm. we had the pleasure of having Mr Ngodup, a renowned Thangka Artist and Mrs Ilonka from Holland who is helping a non government organization in Sundarijal as our guest speakers. who shared with us their years of experience and knowledge and importance of remaining resilient towards achieving one's goals. At the conclusion of the event, teams presented their ideas and inspiration of their design to the entire group in attendance.

"Tell me and I forget, Teach me and I may remember, involve me and I learn"

-Benjamin Franklin

BRIDGE TO POETRY-

This course stemmed rather spontaneously when the facilitators felt the need for a course that would prepare the students for the Spoken Word Poetry. This course was developed keeping four critical



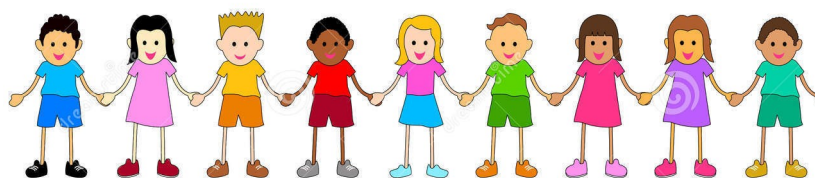
Poetry students at Namgyal high school

frameworks in mind which was Language, Expression, Exposure and Analysis. The course was nine day long that was officially implemented on October 28th to 9th November. The Bridge to Poetry was a brief course for the students to learn all the basics of poetry which will make them ready for the Spoken Word Poetry course. The curriculum focused on expression and exposure, experiential learning and creativity. Classes were light hearted mainly through games and activities as we prepared the bright to spoken word poetry course.

SPOKEN WORD POETRY AND DRAMA-



The Spoken Word Poetry course officially commenced on November 15th, 2015 with the grade 8 and 9 students from Namgyal Higher Secondary School for a duration of one month approx. Spoken



word poetry is the second module course in our Art and Language program to develop the students' English language skills as well as some aspects of the life skills- namely, creativity and communica-

**" Everything can
have drama if its
done right. Even a
pancake "**

tion skills during this course. Spoken word on the other hand moves away from the traditional or the so called classical ways in which poetry is created and approaches it in a more accessible way and more free verse style because the point of spoken word poetry is to make use of words rather as a tool to create images in the listener's mind and affect them through delivery. The Poetry course is being facilitated by Shreema and Monica and the course will have a final event during the Third week of December at

Namgyal High School.

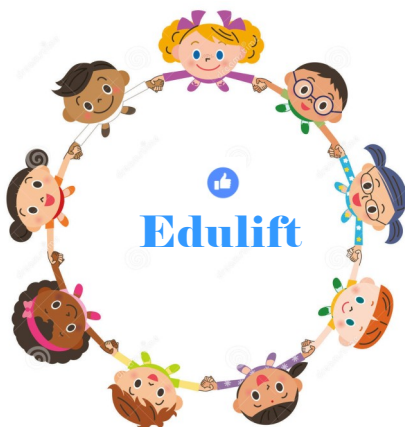
Meanwhile, the students of grade 8 and 9 from Srongsten School are having their drama course at Edulift Academy. The course is been offered for a month and will have a final event on the 25th December at Srongtsen School. The number of students participating for this course has increased dramatically since the first week and it's good to see the positive response from the beneficiaries. The Drama course is been facilitated by Miquel Comas Zamora from Spain.



The Erach and Roshan Sadri Foundation / Freedom to Learn Collaboration Meetings

This month we had two meetings with the ERSF / Freedom to Learn – two UK based non-profit organizations. We are collaborating with these organizations to create better Learning environments for schools in Nepal. In particular, we are finding innovative ways to extend our programs into more schools in Nepal (including the addition of teacher training programs) and also finding ways to infuse new ideas and programs from other local partners of ERSF/Freedom to Learn. We expect implementation of this collaborative effort from January 2016 and are very thankful to Mrs. Joey Ruth Owen for spearheading this collaborative effort and are also very grateful to ERSF for supporting this collaborative effort.

**"Unity is strength...When
there is team work and
collaboration, wonderful
things can be achieved"**
-Mattie Stepanek



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helping us in our mission to
Re-Think education in Nepal!!!

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